

## VOLUNTEER

FEEL GOOD & MAKE THE WORLD A BETTER PLACE

|   |                            |
|---|----------------------------|
| <b>BM FOOD SERVICE</b>  | <b>4759 2811</b>           |
| Meals on Wheels deliveries & kitchen, community restaurants   |                            |
| <b>GRAFFITI REMOVAL</b>   | <b>4759 2592</b>           |
| <b>GREAT COMMUNITY TRANSPORT</b>  | <b>4759 2403</b>           |
| <a href="http://www.greatcommunitytransport.org.au">www.greatcommunitytransport.org.au</a>  |                            |
| <b>MM NEIGHBOURHOOD CENTRE</b>  | <b>4759 2592</b>           |
| Reception, Home Visitors, Palliative Support <a href="http://www.mmnc.org.au">www.mmnc.org.au</a>                                   |                            |
| <b>RURAL FIRE SERVICE</b>   | <b>4784 7444</b>           |
| Teen cadets & Adults 18+ <a href="http://www.bluemountains.rfs.nsw.gov.au">www.bluemountains.rfs.nsw.gov.au</a><br>4 local brigades |                            |
| <b>RED CROSS—GIVE BLOOD—SAVE LIVES</b>  | <b>13 14 95</b>            |
| Blood collection vans in Katoomba & Springwood  |                            |
| <b>SCOUTS, GUIDES, CHURCH, ETC</b>  |                            |
| leaders & fund-raisers needed, see Groups to Join, page 6   |                            |
| <b>STATE EMERGENCY SERVICE</b>  | <b>4782 3200 / 132 500</b> |
| <a href="http://www.ses.nsw.gov.au">www.ses.nsw.gov.au</a>  |                            |

## YOUTH

|  |  |
|--|--|
| <b>LIFELINE</b> – free telephone counselling   | <b>13 11 14</b>                                      |
| <b>MYST</b> (MOUNTAINS YOUTH SERVICE TEAM)   | <b>4782 6562</b>                                     |
|  | <b>4751 1005</b>                                     |
|  | <a href="http://www.myst.com.au">www.myst.com.au</a> |
| <b>PLATFORM YOUTH SERVICES</b>   | <b>4760 0800</b>                                     |
| CRISIS CENTRE/EMERGENCY ACCOMODATION<br><a href="http://www.facebook.com/PlatformYouthServices">www.facebook.com/PlatformYouthServices</a> |  |
| <b>PARENTING YOUNG</b>   | <b>4758 6811</b>                                     |
| Support for young parents aged up to 25 & their children.  |  |
| <b>THE GLUE FACTORY</b>  | <b>4782 4436</b>                                     |
| Emergency assistance (meals) & case management<br><a href="http://www.gluefactory.com.au">www.gluefactory.com.au</a>                       |  |
| <b>YOUTH REFUGE ACCOMODATION</b> Katoomba  | <b>4782 3646</b>                                     |

### IMPORTANT NUMBERS / NOTES

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Originally developed in 2004  
by Hazo Happenings Community Hub,  
a project of Mountains Outreach Community Services,

### ***In the Middle of Everything***

is presently sponsored & updated by

**MID MOUNTAINS NEIGHBOURHOOD CENTRE**  
Supporting and resourcing the Mid Mountains Community

*Original design & concept: Murray Robertson*

For changes or additions, contact **MMNC**

Tel: 4759 2592

Fax: 4759 1056

[info@mmnc.org.au](mailto:info@mmnc.org.au)

# In the Middle of Everything

2017

A simple community guide to the middle of the Blue

## Woodford Hazelbrook Lawson Bullaburra

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# In the Middle of Everything

A community guide for Mid Mountains residents

## ABBREVIATIONS

|      |       |                                    |
|------|-------|------------------------------------|
| BM   | ..... | Blue Mountains                     |
| BMCC | ..... | Blue Mountains City Council        |
| GWH  | ..... | Great Western Highway              |
| HPS  | ..... | Hazelbrook Public School           |
| LPS  | ..... | Lawson Public School               |
| MM   | ..... | Mid Mountains                      |
| MMCC | ..... | Mid Mountains Community Centre     |
| MMNC | ..... | Mid Mountains Neighbourhood Centre |

## BUSHFIRE INFORMATION

**BUSHFIRE INFORMATION / FIRE BAN** 1800 679 737  
**FIRE MAP** rfs.nsw.gov.au

**NSW RURAL FIRE SERVICE—BM DISTRICT** 4784 7444  
www.bluemountains.rfs.nsw.gov.au

### RURAL FIRE SERVICE LOCAL STATIONS:

|              |           |              |           |
|--------------|-----------|--------------|-----------|
| ◆ Bullaburra | 4759 1115 | ◆ Hazelbrook | 4758 6019 |
| ◆ Lawson     | 4759 1644 | ◆ Woodford   | 4758 6446 |

During bushfires or to report suspicious activity,  
telephone 1800 679 737

## BUSHWALKS

### BULLABURRA

**Minnatonka Falls:** Boronia Rd, De Quency Rd or Cottle Rd

### NORTH LAWSON

**Dantes Glenn, Empire Pass, Frederica Falls, Fairy Falls, St Michaels Falls:** medium grade, 4 km

### SOUTH LAWSON

**Adelina Cataract, Junction Falls, Federal Falls:** Honour Ave Near Livingstone St, 4km

### LAWSON—HAZELBROOK

**Terrace Falls, Victor Falls, Salote Pool, Picnic Point, Willawong Pool, The Lake, Lester Lake:** Terrace Falls Rd or Federal Falls.

### HAZELBROOK

**Horseshoe Falls, Glowworm Nook Falls, Lyrebird Glen Falls, The Amphitheatre, Oaklands Falls, Burgess Falls:** Oaklands Rd, Alexander Ave Picnic Area or Winbourne Rd.

### NORTH WOODFORD

**Fairy Falls & Woodford Dam:** Clearview Pde / Mountview Ave.

**Mabel Falls, Convict Pool, Edith Falls:** Mountview Ave, Woodbury St corner Woodford Ave

### SOUTH WOODFORD

**Gypsy Pool & Lookout:** across bridge from War Memorial  
**Wilson Glen:** Buena Vista Rd & Railway Pde

## CHILD CARE

### CAMP AUSTRALIA

LPS 1300 105 343  
Before & After School Care www.campaustralia.com.au

**FAMILY DAY CARE** 4780 5280

**MMOOSH (MID MTS OUT OF SCHOOL HOURS)** 4758 8751  
HPS  
Before & After School Care (OOSH) & Vacation Care

## PRE-SCHOOL LONG DAY-CARE

**HAZELWOOD CHILD CARE CENTRE** 4758 7382  
Hazelbrook hazelwoodccc@bigpond.com

**KU HAZELBROOK PRESCHOOL** 4758 7888  
Hazelbrook

**POSSUM PRESCHOOL** 4758 9966  
Hazelbrook www.connect.asn.au

**LAWSON COMMUNITY PRESCHOOL** 4759 1776  
Lawson lawsoncp@bigpond.net.au

**OCCASIONAL CHILD CARE** 0412 932 801  
MMCC Wed 9:30am-2pm www.mocs.org.au

## SCHOOLS

### HAZELBROOK

**BLUE MOUNTAINS STEINER SCHOOL** 4758 6044  
K–Yr. 6 www.bluemountainssteiner.nsw.edu.au

**HAZELBROOK PUBLIC SCHOOL** 4758 6120  
K–Yr. 6 hazelbrook-p.schools.nsw.edu.au

**KOROWAL SCHOOL** 4758 7466  
K–Yr. 12 www.korowal.nsw.edu.au

### LAWSON

**LAWSON PUBLIC SCHOOL** 4759 1196  
K–Yr. 6 lawson-p.schools.nsw.edu.au

**BLUE MOUNTAINS YOUTH COLLEGE** 4759 1012  
www.blacktownyouthcollege.nsw.edu.au

**OUR LADY OF THE NATIVITY SCHOOL** 4759 1787  
K–Yr. 6 www.ohnlawson.catholic.edu.au

**BLUE MOUNTAINS YOUTH COLLEGE**  
www.blacktownyouthcollege.nsw.edu.au

## SPORTS CLUBS

**BLUE MTS BMX** 4758 7173  
www.bluemountains.bmx.nsw.com.au

**HAZELBROOK BOWLING & SPORTING CLUB** 4758 6240  
www.hazelbrookbowling.com.au

**HAZELBROOK CRICKET CLUB** 4759 1208  
www.hazelbrookcc.nsw.cricket.com.au

**HAZELBROOK FOOTBALL CLUB**  
Matt Goodlet—Secretary 0412 343 926  
www.hazelbrookhawks.com

### HAZELBROOK TENNIS COURTS

Gloria Park, Hazelbrook, FREE

**LAWSON AMATEUR SWIMMING CLUB** 0410 526 091  
lawsonswimmingclub@gmail.com

**LAWSON AQUATIC CENTRE POOL** 4759 1458  
Outdoor heated pool; open Oct-Apr; learn-to-swim classes

**LAWSON BOWLING CLUB** 4759 1417  
www.lawsonbowlingclub.com

### LAWSON TENNIS COURTS

Honour Ave, Lawson; FREE  
For bookings & keys contact Lawson Bottle Shop 4759 1023  
Club games Mon am & Sat pm; just turn up

### WOODFORD TENNIS COURTS

Weroona Ave, Woodford; FREE

## TRANSPORT

**AIRPORT SHUTTLE (BUSY BUSES)** 4733 7700  
www.busybuses.com.au

**CITYRAIL** 131 500  
www.cityrail.info

**GREAT COMMUNITY TRANSPORT** 4759 2403  
www.greatcommunitytransport.org.au

**BLUE MTS BUS COMPANY** 4751 1077 / 131 500  
www.bmbc.com.au

**TAXI** 4759 3000

## PARKS

### BULLABURRA VILLAGE GREEN

Noble St, Bullaburra: play equipment, bike track, taps, seats.

### BULLS CAMP

GWH, Woodford : toilets, open space

### GLORIA PARK

Lester Ave, Hazelbrook : play equipment, toilets, tables, taps

### GOLDEN HORIZONS PARK

Blue Hills Rd, Hazelbrook: play equipment, tables, taps

### LAWSON OVAL AND PARK

Wilson St, Lawson : BMX track, benches

### QUEENS OAK PARK

cnr Honour Ave & Orient St Lawson, play equipment, tap, seat

### WEROONA AVE WOODFORD

Play equipment, taps , tables

### WILSON PARK

Park Rd, Lawson : tables, taps, toilets, bush-walks

## PETS

### BLUE MTS DOG TRAINING CLUB

4787 7117

4784 1319

www.bmdtc.com

### DABS

(DOMESTIC ANIMAL BIRTH-CONTROL SOCIETY)

www.dabs.org.au

4784 1319

### DOG OFF LEASH AREAS

Former Golf Course, Lawson

www.bmcc.nsw.gov.au/yourcommunity/animalcontrol/dogoffleashareas

### SELWOOD HOUSE VETERINARY CLINIC - VET

Hazelbrook

4758 8990

### PETS OF OLDER PERSONS (POOPS)

Respite care for pets of disabled/aged

9782 4408

poops@rspcansw.org.au

### RSPCA

4782 2391 / 4782 2674

## PLAYGROUPS

### CONNECT PLAYGROUPS:

4758 9966

- ◆ Dad & Kids Playgroup
- ◆ Play Partners Playgroup

### MOCS PLAYGROUPS:

4758 6811

- ◆ Play & Chat Group
- ◆ Hazelbrook Scout hall Playgroup
- ◆ Play in the Park

### HAZELBROOK SCOUT HALL PLAYGROUP

Thu: 10am-Noon

4758 6811

### KOOKABURRA PLAYGROUP

0402 624 394

### LITTLE SPROUTS STEINER PLAYGROUP

BM Steiner School, Hazelbrook

Tue, Thu, Fri

www.bluemountainssteiner.nsw.edu.au

4758 7866

### LAWSON ANGLICAN CHURCH PLAYGROUP

4759 1024

### PARENTING YOUNG PLAYGROUP

Lawson

4758 6811

### PLAYGROUP NSW

1800 171 882

www.playgroupnsw.com.au

### WOODFORD PRESBYTERIAN PLAYGROUP

Woodford Presbyterian Church

Wed: 10am—12pm (during school term)

4751 7715

www.woodford.church.org.au

### MOUNTAINS MOBILE MINDERS

Onsite child-care for non-profit grps & mtgs  
NOT for private use

4758 6833

www.mocs.org.au

## CHURCHES

### ANGLICAN

LAWSON / SUN: 8.30AM, 10AM, 6.30PM

4759 1024

### BAPTIST

Lawson / Sun: 9.30am

4759 1230

### THE FATHER'S HOUSE

Christian Healing Centre

Old Lawson Golf Club, Lawson

Fri 7.30pm, Sun 5pm

4759 1151

0438 948 499

### WOODFORD PRESBYTERIAN CHURCH

88 GWH, Woodford / Sun 9am

www.woodfordchurch.org.au

4751 7715

### QUAKERS

4 Oakura Ave, Woodford / Sun 10am

4787 8784

### ROMAN CATHOLIC

Our Lady of the Nativity, GWH, Lawson

Sat: Mass - 5pm

Sun: Mass 8.30am

olon3@bigpond.com

4759 1034

### HAZELBROOK UNITING CHURCH

Rosedale Ave, Hazelbrook

Bible Study — Wed 9.30am; Service — Sun 9.30 am

4758 8267

4784 2085

### THE SANCTUARY CHRISTIAN COMMUNITY

5 Queens Rd. Lawson

Sun 4.30 pm

www.churcharmy.com.au

0405 632 718

### HAZELBROOK HOME CHURCH

4758 6591

### CENTRAL MTNS BAPTIST CHURCH

HPS Hall: Sun 10:30am

4758 8778

### JEHOVAH'S WITNESS

Kingdom Hall, 28 Ridge Street, Lawson

Sun 10am

4782 4400

## CLUBS — CLASSES

### BALLET

Fiona James Classical Ballet & Contemporary Dance

HPS; 3 yrs & up

4758 6234

### BANJO, MANDOLIN, GUITAR

jennharris@exemail.com.au

4758 6662

### BELLY DANCE & EMPOWERMENT

www.shemiranibrahim.com

0425 838 159

### BM ACADEMY OF DANCE

Bullaburra Progress Association Hall

4757 1585

### BOXERCISE

0417 238 658

### CROWD AROUND COMMUNITY CHOIR

crowdaround@gmail.com

0405 328 379

### DANCES OF UNIVERSAL PEACE

www.dancesofuniversalpeaceaustralia.org

4751 2904

### ISRAELI FOLK DANCING

4759 1952

### MAHJONG

4758 6564

### MIDDLE EASTERN BELLY DANCE

4758 7264

### MOUNTAINS OPERA CHORUS

www.operachorus.moonfruit.com

4782 5765

### LAWSON COMMUNITY DISCO (VIVABILITY)

MMNC, Lawson - 3rd Fri/mth

6332 3086

|                                       |  |
|---------------------------------------|--|
| <b>SCRABBLE</b>                       | <b>4759 2647</b>                           |
| <b>STRENGTHENING EXERCISE CLASSES</b> | <b>4759 2592</b>                           |
| <b>UKELELE GROUP</b>                  | <b>0412 228 326</b><br>www.bluemugs.com.au |
| <b>YOGA:</b>                          |  |
| ◆ <b>Ashtanga Yoga</b>                | <b>4758 7148</b>                           |
| ◆ <b>Gentle Exercise Yoga</b>         | <b>4757 1004</b>                           |
| ◆ <b>Hatha Yoga</b>                   | <b>0414 985 800</b>                        |
| ◆ <b>Iyengar Yoga</b>                 | <b>4757 1004</b>                           |
| ◆ <b>Chair Yoga</b>                   | <b>0425 361779</b>                         |

## COMMUNITY GROUPS

|   |   |
|---|---|
| <b>ACMMR</b>                                  | <b>0432 140 391</b>                     |
| Assoc. of Concerned MM Residents              | www.lawsonmatters.org                   |
| <b>ANTaR</b>                                  | <b>4758 6811</b>                        |
| Australians for Native Title & Reconciliation | www.antar.org                           |
| <b>BM GREENS</b>                              | <b>0422 759 688</b>                     |
|   | www.nsw.greens.org.au/lg/bluemountains  |
| <b>BM REFUGEE SUPPORT GROUP</b>               | <b>4782 7866</b>                        |
|   | www.bmrsg.org.au                        |
| <b>BULLABURRA TOWNSHIP COMMITTEE</b>          | <b>4759 1114</b>                        |
|   | bullaburratownshipcommittee@hotmail.com |
| <b>CHAMBER OF COMMERCE &amp; INDUSTRY</b>     | <b>0408231511</b>                       |
| <b>LAWSON</b>                                 |   |
| Michael Neall                                 | www.ccilawson.org.au                    |
| <b>HAZELBROOK ASSOCIATION</b>                 | <b>0447 586 260</b>                     |
|   | www.hazelbrookbluemountains.com.au      |
| <b>LINDEN CITIZEN'S ASSOCIATION</b>           | www.lindencitizens.asn.au               |
| <b>WOODFORD PROGRESS ASSOCIATION</b>          | www.woodford.bravehost.com              |

## COMMUNITY INFORMATION

|   |                              |
|---|------------------------------|
| <b>BLOOGLE</b>                          | www.bloogle.com.au           |
| The Blue Mountains at your fingertips   |                              |
| <b>COMMUNITY DIRECTORY</b>              | <b>4780 5000</b>             |
| BMCC Directory                          | www.bmcc.nsw.org.au          |
| <b>LINCS</b>                            | www.datadiction.com.au       |
| Local Information Network for Community |                              |
| <b>MMNC "What's On"</b>                 | info@mmnc.org.au             |
| <b>MMNC eNewsletter monthly</b>         | www.mmnc.org.au              |
| <b>MID MOUNTAINS NEWS</b>               | <b>4759 2592</b>             |
| Free quarterly local news sheet         |                              |
| <b>PHYSICAL SERVICES DIRECTORY</b>      | <b>4780 5000 / 4723 5000</b> |

## EMERGENCY RELIEF

|                                      |                           |                     |
|--------------------------------------|---------------------------|---------------------|
| <b>ST VINCENT DE PAUL—</b>           | Lawson                    | <b>1800 606 724</b> |
|                                      | Katoomba                  | <b>4782 2041</b>    |
| <b>SALVATION ARMY—</b>               | Katoomba                  | <b>4782 9251</b>    |
| <b>THRIVE FAMILY SUPPORT SERVICE</b> |                           | <b>4782 1555</b>    |
|                                      | www.thriveservices.org.au |                     |
| <b>THE RIGHT DOOR</b>                |                           | <b>1800 760 071</b> |

|  |                     |
|--|---------------------|
| <b>PERSONAL HELPERS &amp; MENTORS</b>                | <b>4720 9780</b>    |
| <b>SERVICE (PHAMS)</b>                               | <b>0434 191 720</b> |
| <b>RESPIRE TOURS &amp; CARERS NETWORK</b>            | <b>4759 2611</b>    |
| Holidays & Respite Care for adults with disabilities |                     |
| <b>WOMEN'S HEALTH CENTRE</b>                         | <b>4782 5133</b>    |
|  | www.bmwhc.org.au    |
| <b>WOMEN &amp; CHILDREN'S REFUGE (WIMLAH)</b>        | <b>4782 9158</b>    |

## PHARMACIES

|                   |                  |
|-------------------|------------------|
| <b>HAZELBROOK</b> | <b>4758 6431</b> |
| <b>LAWSON</b>     | <b>4759 1055</b> |

## INTERPRETER

|                            |                 |
|----------------------------|-----------------|
| <b>24-HOUR INTERPRETER</b> | <b>13 14 50</b> |
|----------------------------|-----------------|

## LIBRARY

|  |   |
|--|---|
| <b>LAWSON LIBRARY</b>  | <b>4759 1446</b>                          |
| Cnr San Jose Ave & Loftus Str                                    | rmenday@bmcc.nsw.gov.au                   |
|  | www.bmcc.nsw.gov.au/yourcommunity/library |
| Photocopying—computers—free internet                             |   |
| Mon, Tue   | 1pm–5pm                                   |
| Wed, Thu, Fri  | 10am–5pm                                  |
| Sat  | 9am–Noon                                  |
| Other BMCC libraries — www.bmcc.nsw.gov.au/yourcommunity/library |   |
| ◆ Blaxland   | 4739 4284                                 |
| ◆ Springwood   | 4723 5040                                 |
| ◆ Wentworth Falls  | 4757 2095                                 |
| ◆ Katoomba   | 4780 5750                                 |
| ◆ Blackheath   | 4787 8893                                 |

## MARKETS

|  |                     |
|--|---------------------|
| <b>HAZELBROOK UNITING CHURCH MARKETS</b> | <b>4758 9727</b>    |
| Rosedale Ave, Hazelbrook                 |                     |
| 2nd Sat/mth; 9am–1pm                     |                     |
| <b>MAGPIE MARKETS</b>                    | <b>0416 652 679</b> |
| Lawson School, 3rd Sunday/mth            | (SMS only)          |

## MEN'S GROUPS & SERVICES

|                     |                 |                  |
|---------------------|-----------------|------------------|
| <b>MEN'S SHED —</b> | Blackheath      | <b>4787 5773</b> |
|                     |                 | www.bams.org.au  |
|                     | Katoomba        | <b>4782 7433</b> |
|                     |                 | www.kms.org.au   |
|                     | Lower Mountains | <b>4751 8884</b> |
|                     |                 | www.lmshed.org   |

## MUSEUMS & GALLERIES

|  |   |
|--|---|
| <b>BEN ROBERTS CAFÉ &amp; GALLERY</b>                    | <b>4759 1511</b>                              |
| 12 Blind St, Lawson                                      |   |
| Original 1893 historic cottage, open daily 9am–4pm daily |   |
| <b>WOODFORD ACADEMY</b>                                  | <b>4758 8743</b>                              |
| 90-95 GWH, Woodford                                      |   |
| 3rd Sat/mth, 10am–4pm                                    |   |
| Historic 1830's inn, the oldest building in Blue Mtns    |   |
|  | www.nationaltrust.org.au/nsw/woodford-academy |

## HALLS FOR HIRE

### WOODFORD

|                          |           |
|--------------------------|-----------|
| Weroona Park Hall        | 4780 5735 |
| Presbyterian Church Hall | 4751 7715 |

### HAZELBROOK

|                               |                     |
|-------------------------------|---------------------|
| Bowling Club Function Room    | 4758 6240           |
| Camp Fletcher Hall            | feccong@bigpond.com |
| Gloria Park Pavilion          | 4780 5025           |
| Hazelbrook Public School Hall | 4758 6120           |
| Korowal Studio                | 4758 7466           |
| Uniting Church Hall           | 4759 1228           |

### LAWSON

|                                       |           |
|---------------------------------------|-----------|
| Anglican Church Hall                  | 4759 1024 |
| Kihilla                               | 4759 1360 |
| MM Neighbourhood Centre               | 4759 2592 |
| MM Community Centre / Mechanics Inst. | 4780 5735 |
| Santa Maria Conference Centre         | 4759 1116 |

### BULLABURRA

|                                |           |
|--------------------------------|-----------|
| Bullaburra Progress Assoc Hall | 4759 2440 |
|--------------------------------|-----------|

## HEALTH & MEDICAL

|  |           |
|--|-----------|
| <b>HOSPITAL— Emergency &amp; Public</b>    | 4784 6500 |
| <b>BM District ANZAC Memorial Hospital</b> |           |

|                            |           |
|----------------------------|-----------|
| <b>DENTIST</b>             | 4758 7266 |
| 6 Rosedale Ave, Hazelbrook |           |

|                             |                      |
|-----------------------------|----------------------|
| <b>GPs MEDICAL PRACTICE</b> | Hazelbrook 4758 6210 |
|                             | Lawson 4759 1111     |

|                                       |          |
|---------------------------------------|----------|
| <b>LIFELINE Telephone Counselling</b> | 13 11 14 |
|---------------------------------------|----------|

### COMMUNITY HEALTH

|   |              |
|---|--------------|
| <b>LAWSON COMMUNITY HEALTH CENTRE</b>   | 4759 8700    |
| <b>KATOOMBA COMMUNITY HEALTH CENTRE</b> | 4782 8201    |
| <b>DENTAL HEALTH SERVICES</b>           | 1300 739 949 |
| <b>EARLY CHILDHOOD CLINIC</b>           | 4782 8201    |
| <b>MENTAL HEALTH SERVICE</b>            | 4782 8201    |
| <b>MENTAL HEALTH EMERGENCY</b>          | 1800 650 749 |

|   |           |
|---|-----------|
| <b>SEXUAL HEALTH &amp; HIV</b>                                  | 4784 6560 |
| Clinic, information/education, testing, treatment & counselling |           |

### HEALTH SUPPORT

|  |           |
|--|-----------|
| <b>ARTHRITIS FOUNDATION</b>  | 4787 1124 |
| support, education, companionship  |           |
| <b>BLUE MTS PALLIATIVE SUPPORT SERVICE</b>                                     | 4709 6053 |
| Help & support for those with life-limiting illnesses, their carers & families |           |
| <b>CARER SUPPORT GROUP</b>   | 4759 2592 |
| <b>CHRONIC FATIGUE SUPPORT GROUP</b>   | 4759 2592 |

|                                |                 |
|--------------------------------|-----------------|
| <b>GROW SUPPORT GROUP</b>      | 1800 558 268    |
| Mental health recovery support | www.grow.net.au |

|   |              |
|---|--------------|
| <b>MY AGED CARE</b>   | 1800 200 422 |
| Personal care services, domestic assistance & respite services for older people, people with a disability and their families and carers |              |

|   |           |
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| <b>WONGARY ABORIGINAL HOME CARE SERVICES</b>  | 4734 9422 |
| Personal care services, domestic assistance & respite services for frail, aged & disabled for Aboriginal people |           |

|                                 |                          |
|---------------------------------|--------------------------|
| <b>PARKINSONS SUPPORT GROUP</b> | 4757 1778                |
|                                 | www.parkinsonsnsw.org.au |

## FAMILY & PARENTING

|   |                                       |
|---|---------------------------------------|
| <b>AUSTRALIAN BREASTFEEDING ASSOCIATION</b> | 4758 7945                             |
|   | www.breastfeeding.asn.au 0405 600 155 |

|                                      |                           |
|--------------------------------------|---------------------------|
| <b>THRIVE FAMILY SUPPORT SERVICE</b> | 4782 1555                 |
|                                      | www.thriveservices.org.au |

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| <b>CONNECT CHILD &amp; FAMILY SERVICES</b> | 4758 9966          |
| 48 Oaklands Rd. Hazelbrook                 | www.connect.asn.au |

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|--|-----------------------------------|
| ♦ Early Childhood Intervention Services for Children with Disabilities | ♦ Possum Preschool                |
| ♦ Supported playgroups   | ♦ Toy & Parent Resource Libraries |
| ♦ Transition to school programs  | ♦ Brighter Futures                |
|  | ♦ Community Hub                   |

|                                |                                  |
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| <b>GATEWAY FAMILY SERVICES</b> | 4739 5963                        |
|                                | www.gatewayfamilyservices.org.au |

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| <b>MOCS (MTS OUTREACH COMMUNITY SERVICE)</b>                | 4758 6811       |
| Parent Education, Comm Support Grps, Mid Mtns Community Hub | www.mocs.org.au |

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|---------------------------------|--------------------------|
| <b>RAINBOW PARENTS (GLBTIQ)</b> | www.pinkmountains.com.au |
|---------------------------------|--------------------------|

## GENERAL

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| <b>ABORIGINAL CULTURE &amp; RESOURCE CENTRE</b> | 4782 6569 |
| Activities, support & referrals                 |           |

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| <b>BLUE MOUNTAINS VISITORS INFORMATION CENTRES</b> | 1300 653 408                       |
|  | www.bluemountaincitytourism.com.au |

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| <b>BUSHCARE</b> | 4780 5528                     |
|                 | www.weedsbluemountains.org.au |

|                              |   |
|------------------------------|---|
| <b>FINANCIAL COUNSELLING</b> | 1800 808 488                                |
| (Wesley Mission Creditline)  | 4725 9288                                   |
|                              | www.wesleymission.org.au/centres/creditline |
| (Salvation Army Moneycare)   | 0447 682 715                                |
| Kate McDonald                | 0428 469 942                                |

|   |           |
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| <b>GRAFFITI REMOVAL PROGRAM</b>                 | 4759 2592 |
| Report graffiti in the Mtns to Graffiti Hotline |           |

|                                    |                        |
|------------------------------------|------------------------|
| <b>JPs (JUSTICES OF THE PEACE)</b> | www.lawlink.nsw.gov.au |
|------------------------------------|------------------------|

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| <b>LAWSON VOLUNTEER HOME VISITORS</b>            | 4759 2592 |
| Home visiting & Support for Carers of Frail Aged |           |

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| <b>LEGAL</b>                           | 4782 4155 |
| Elizabeth Evatt Community Legal Centre |           |

|                           |           |
|---------------------------|-----------|
| <b>LINK UP NSW</b>        | 4759 1911 |
| Aboriginal family tracing |           |

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| <b>MCRN (MOUNTAINS COMMUNITY RESOURCE NETWORK)</b> | 4759 3599 |
| Resources & information on local groups            |           |

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| <b>MEALS ON WHEELS (BM FOOD SERVICE)</b> | 4759 2811 |
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## MID MOUNTAINS NEIGHBOURHOOD CENTRE

4759 2592

www.mmnc.org.au  
www.facebook.com/midmountains

Information, Referrals,  
No-Interest Loans (NILS),  
Hall Hire, Community Activities,  
Strengthening Exercise Classes  
Tax Help, Seniors Internet Kiosk  
Cyber Seniors Tutoring

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| <b>MULTICULTURAL RESIDENTS' ASSOCIATION</b> | 4759 3599 |
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| <b>WIRES (WILDLIFE INFO, RESCUE &amp; EDUCATION SERV)</b> | 4754 2946 |
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| <b>COMMUNITY JUSTICE CENTRES</b>              | MEDIATION TO HELP SOLVE DISPUTES |
| WITH NEIGHBOURS SCHOOLS FAMILIES AND BUSINESS | 1800 990 777                     |
|   | www.cjc.justice.nsw.gov.au       |

# EMERGENCY

## AMBULANCE—FIRE— POLICE

### DIAL 000

FOR OTHER EMERGENCIES:

|                   |           |                               |              |
|-------------------|-----------|-------------------------------|--------------|
| ELECTRICITY       | 13 10 03  | LIFELINE (CRISIS COUNSELLING) | 13 11 14     |
| GAS               | 13 19 09  | MENTAL HEALTH                 | 1800 650 749 |
| WATER             | 13 20 90  | WOMEN'S REFUGE                | 4782 9158    |
| KATOOMBA POLICE   | 4782 8199 | STATE EMERGENCY SERV.         | 4782 3200    |
| SPRINGWOOD POLICE | 4751 0299 | POISON INFO CENTRE            | 13 11 26     |

### HOUSEHOLD UTILITIES

CONNECTIONS — DISCONNECTIONS — ENQUIRIES — ACCOUNTS

**ELECTRICITY** 13 10 02 — **GAS** 13 12 45 — **TELEPHONE** 13 22 00 — **WATER** 13 20 92

### GOVERNMENT

**BLUE MOUNTAINS CITY COUNCIL** **4780 5000**  
www.bmcc.nsw.gov.au

#### BMCC COUNCILLORS

**WARD 2** (Bullaburra—Lawson—Hazelbrook—Woodford)

**ROMOLA HOLLYWOOD** **0414 195 983**  
ehollywood@bmcc.nsw.gov.au

**CHRIS VAN DER KLEY** **0427 805 810**  
cvanderkley@bmcc.nsw.gov.au

**BRENT HOARE** **0431 501 984**  
bhoare@bmcc.nsw.gov.au

**CENTRELINK** www.centrelink.gov.au

- ◆ Disability, Sickness & Carers **13 27 17**
- ◆ Family Assistance **13 61 50**
- ◆ Retirement Services **13 23 00**
- ◆ Youth & Student **13 24 90**

**DEPARTMENT OF FAMILY & COMMUNITY SERVICES (FACS)** **4782 3822**

**SUSAN TEMPLEMAN** **4577 2631**  
Federal Member for Macquarie mp@mph.gov.au

**TRISH DOYLE** **4751 3298**  
State Member for Blue Mtns  
bluemountains@parliament.nsw.gov.au

### GROUPS TO JOIN & THINGS TO DO

#### KIDS

**CEBS (CHURCH OF ENGLAND BOYS SOCIETY)** **0414 573 869**  
Lawson / Boys 8+

**BAPTIST YOUTH PROGRAMME** Lawson **4759 1230**

**GIRL GUIDES (10-14YRS)** **4758 8338**  
Mon / during school term, 6-8pm

**JUNIOR GIRL GUIDES (6-10YRS)** **4759 3154**  
Wed / during school term, 5-7pm

**GIRLS' BRIGADE** **4759 1318**  
Lawson Baptist Church, Thu 5pm, during school term

**NSW RURAL FIRE SERVICE CADETS** **4784 7444**  
12-15yrs

#### HAZELBROOK SCOUTS

www.hazelbrookscouts.com

#### ADULTS

**BM CONSERVATION SOCIETY** **4757 1872**  
www.bluemountains.org.au

**BM HERB GROUP** **4754 3224**  
Last Fri/month 7.30pm - Bi Monthly

**BM WOODTURNERS INC** **0407 395 295**  
1st Sat/month 10am - 1pm  
bmwoodies@bigpond.com

**BROOK COMMUNITY THEATRE GROUP** **0420 470 824**  
Acting, theatre skills, annual shows—ALL ages  
www.brooktheatre.net

**CLASSIC CAR CLUB (MMCC)** **4784 3185**

**COMMUNITY RESTAURANT FOR SENIORS** **4759 2811**  
**Wellbeing in the Blue Mountains - Celeste** **0435 569 693**  
Www.facebook.com/groups/wellbeingmidmmts/

**MM HISTORY** **4759 2647**  
www.midmountainshistory.org

**MM PERMACULTURE CLUB** www.permaculturebluemountains.net

**MM WALKERS** **4759 2592**  
Heart Foundation Walking Group

**VISION IMPAIRED GROUP** **4758 6121**  
dogshome98@yahoo.com.au

#### IMPORTANT NUMBERS / NOTES

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